



Kenneth J. Abrams, MD, MBA

Dr. Abrams is a Managing Director in Deloitte's Strategy Practice and Deloitte's Life Science and Health Care National Physician Executive.

Ken is an anesthesiologist with over 25 years of experience as a practicing physician and physician executive in academic medical centers and integrated delivery systems. Dr. Abrams has market eminence as a physician leader and as a thought leader in clinical strategy, performance improvement and clinical integration.



Prior to joining Deloitte, Ken worked at North Shore LIJ Health System, where he served as senior vice president of Clinical Operations, chief quality officer, and associate chief medical officer for the health system. He has led multiple projects including a surgical services redesign, anesthesia department turnaround, and the 2010 National Quality Forum (NQF) National Healthcare Quality Award.

Ken has market eminence as a physician executive and as a thought leader in performance improvement. He has been published in numerous medical journals and books and has presented at conferences and given lectures around the world.

Prior to working at the North Shore LIJ Health System, Ken was the patient safety officer and chairman of Anesthesiology at AtlantiCare. His achievements in his five years there included the creation of the Patient Safety Committee, a clinical transformation patient flow project and the creation of a critical care strategic development group, and a senior leader in pursuing AtlantiCare's Baldrige National Quality Recognition. Prior to AtlantiCare, Ken spent almost 13 years at Mount Sinai Medical Center in New York as associate professor of Anesthesiology and medical director for Perioperative Services, among other roles.

Ken holds a doctor of medicine (MD) degree from Sackler School of Medicine/Tel Aviv University, an MBA from Zicklin School of Business/Baruch College and a bachelor's degree in biology from the University of Rhode Island. Ken also played Division 1 soccer while at URI and had the honor of playing on the U.S. Maccabiah soccer team, winning a silver medal. He lives in Florida with his wife, Mercy, and enjoys boating, cycling, and the outdoors.